



LAKELAND DISTRICT

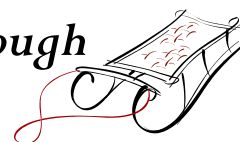
for Sport, Culture & Recreation



*Wishing Everyone a Safe
and Happy Holiday Season*



*The offices will be closed Dec 24th and will reopen Jan 3rd 2011
to enjoy quality friend and family time together through
sport, culture & recreation.*



*Merry Christmas and a Happy New Year from The Board and
Staff of The Lakeland District for Sport, Culture & Recreation .*

Prince Albert Gutter Ball Classic For KidSport™

*In support of
Prince Albert KidSport™
JANUARY 23rd 2011*

To Sponsor or enter a team
Please contact Kristy Weber at
953-1623 ext 3



2011/2012 Upcoming Events

- Jan 23rd** Prince Albert Gutter Ball Classic For KidSport™
- Jan (TBA)** CAAWS Aboriginal Women and Leadership Workshop
- Feb 8 & 9** SPRA HIGH FIVE PHCD and QUEST Workshops
- May 27** Drivin' North Golf KidSport™ Tournament
- June 1-3** Improving Health for Children Conference
- Summer 2012** Saskatchewan Games Meadow Lake





Children and youth with financial barriers can apply to receive up to \$750 per year towards cost associated with art and culture participation which may include registration fees, equipment, or supplies.

Activities eligible for Creative Kids funding are very wide-ranging, and may include art lessons, dance classes, music instruction, cultural camp, heritage activities, multicultural dance and all other activities that are associated with art, culture or creativity.

For application forms or to donate to Creative Kids Contact Crystal at 953-1623 ext 4.

HIGH FIVE® is Canada's only comprehensive quality standard for organizations providing recreation and sport to children aged 6 to 12. Research shows these five principles of healthy child development are essential for superior organized play experiences for children:

- A Caring Adult
- Friends
- Play
- Master
- Participation



HIGH FIVE® training teaches leaders, instructors and coaches how to integrate these five principles into program design and delivery. HIGH FIVE tools and resources provide the expertise on how to integrate the five principles into all aspects of their operation.

The LDSCR is hosting the SPRA **HIGH FIVE®** Principles of Healthy Childhood Development (PHCD) Workshop and HIGH FIVE® QUEST Workshop. There is NO cost for these workshops.

PRINCE ALBERT (Registration is required by Jan 31st 2011)

- HIGH FIVE® PHCD Workshop **February 7th 2011**
- HIGH FIVE® QUEST **February 8th 2011**

Westside Workshops **TBA**

Limited space of max 25 participants on a first come basis. For more information contact Crystal at LDSCR by calling (306) 953-1623, or by emailing crystal.ldscr@sasktel.net

The **CAAWS** Aboriginal Women and Leadership Workshop will be hosted by the Lakeland District for Sport, Culture & Recreation in Prince Albert and in Tisdale.

Workshops are three hours in length and are targeted at all Women in leadership roles.

Prince Albert - Jan 2011 (TBA) 1:00 pm - 4:00 pm

Tisdale - Jan 2011 (TBA)

These workshop dates have yet to be finalized, if you are interested in attending or need more information please contact Crystal at (306) 953-1623 ext 4 or Michelle at (306) 862-2113.

There is no registration cost for the workshop, lunch is not provided.



**BUILDING ON OUR STRENGTHS:
ABORIGINAL WOMEN AND LEADERSHIP WORKSHOP**

Aboriginal women have diverse knowledge, experience, perspectives and connections that can enhance program planning, decision-making and organizational governance. Further, Aboriginal women are important role models in their community, particularly for girls and young women. However, Aboriginal women are often under-represented in leadership roles. To help address this gap, CAAWS, in collaboration with the Aboriginal Sport Circle and a working group of female Aboriginal leaders from across Canada, developed the Building On Our Strengths – Aboriginal Women and Leadership workshop to provide a personal and professional development opportunity to increase the skill level and confidence of Aboriginal women to make a difference in their community.

The project is delivered in partnership with the Aboriginal Sport Circle and Motivate Canada, with a financial contribution from Sport Canada.

July 29 - August 4, 2012 Meadow Lake, Saskatchewan District Team Size		
Sport	Team Size	Age Class
		Total
Archery	6	11 - 18 years of age 18 & under as of Dec. 31, 2011
Athletics	40	Born 1995 or later 17 & under as of Dec. 31, 2012
Athletics -SO	6	10-29 years of age, born between 1983 and 2002
Baseball	18	15 years of age (last year bantam)
Basketball (F)	12	U14, Born 1998 or later
Basketball (M)	12	U14, Born 1998 or later
Canoe Kayak	19	Males: 12 to 16 years, 16 & u as of Jan.1/12 Females: 11 to 15 years, 15 & u as of Jan.1/12
Equestrian	10	19 years and under, born in the year 1993 or later
Golf	8	17 and under as of the final day 2012 RCGA
Soccer (F)	21	U13, Born 1999 or later
Soccer (M)	21	U13, Born 1999 or later
Softball (F)	17	Bantam (1996 & 1997)
Swimming	19	Females: 11 - 14 years Males: 12 - 15 years
Tennis	10	1998 or later (1998, 1999, 2000, etc. – can be 14 years of age prior to the competition as long as the participant is born on Jan. 1, 1998 or later). If a player turns 14 on Jan. 1, 2012 or later (Jan. 2, July 12, Dec. 1, etc.), the player is eligible to participate. If a player turns 14 on Dec. 31, 2011 or earlier (Dec. 30, 29, etc.), the player is not eligible to participate.
Triathlon	10	12 - 13 (age on Dec 31st 2012) 14 - 15 (age on Dec 31st 2012)
Volleyball (F)	12	14U (Born 1998 or later)
Volleyball (M)	12	15U (Born 1997 or later)

KidSport™

is a children's charity dedicated to assisting children facing financial obstacles to participate in sport.

So **ALL** Kids Can Play!

For more information on KidSport™ or JumpStart™ please call: Kristy Weber at 953-1623, email: kristy.ldscr@sasktel.net or drop by the Summer Games Building (99 Terry Simpson Lane) to visit us at the Lakeland District for Sport, Culture & Recreation.



Canadian Tire JumpStart®

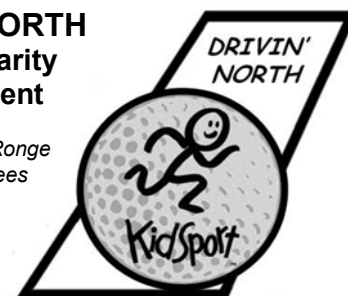


Canadian Tire Jumpstart® is a community-based charitable program that helps kids aged 4-18 participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can develop important life skills, self esteem and confidence.

DRIVIN' NORTH KidSport™ Charity Golf Tournament

In support of the
Prince Albert and La Ronge
KidSport™ Committees

MAY 27, 2011



Urban Youth Sport

LDSCR offers Urban Youth Sport Programs which aim to reduce the barriers of transportation, nutrition, equipment and facilities while providing an introduction to a recreational sport experience for all youth participants. If you are a coach, volunteer or facilities manager and would like to run a specific sport program in P.A. for Urban Youth experiencing a financial disadvantage, please contact Kristy at 953-1623 ext. 3 or email: kristy.ldscr@sasktel.net.

Higher Spirits Indoor/Outdoor Soccer League

We had 10 schools participate in the after-school soccer league, a program for youth ages 9 - 11 years from the community schools in P.A. The school teams traveled around the city playing on different school soccer pitches and then inside the Margo Fournier Centre from September to November. This program was made possible through the Urban Aboriginal Community Grant program granted through the City of P.A. We would also like to thank P.A. Share-A-Meal Food Bank and P.A. Northern Bus Lines for their continued partnership with the LDSCR.

Archery - Eagles Nest Youth Ranch

The LDSCR Urban Youth Sport Program took the opportunity to partner with Eagles Nest Youth Ranch and sponsored registrations for nine youth to take part in the Timberland Bow Bender Archery Club throughout the 2010/2011 year.

Higher Spirits Curling Program

This after-school 4-week curling program was offered to youth ages 10 - 13 years from King George, Vincent Massey, Riverside and Turgeon Community Schools. With the assistance of some fantastic coaches from the P.A. Golf & Curling Club, we were able to provide over 30 youth with the opportunity to learn some basic curling skills and play the game.



www.lakelanddistrict.ca

CONTACT US

Executive Director

Lyle Campbell -

953-1623 ext 1

lyle.ldscr@sasktel.net

Administrative Assistant

Teresa Worobetz -

953-1623 ext 2

teresa.ldscr@sasktel.net

Urban Youth Sport Coordinator

Kristy Weber -

953-1623 ext 3

kristy.ldscr@sasktel.net

Community Development Coordinators

Crystal Clarke -

953-1623 ext 4

crystal.ldscr@sasktel.net

Michelle Smith -

862-2113 - Nipawin Office

tammy.ldscr@sasktel.net

Check out the new **Lakeland District for Sport Culture and Recreation** Community Page on **Facebook!**



The 2012 Saskatchewan Summer Games

Meadow Lake

July 29 to August 4, 2012

Over the course of the next 2 years the Lakeland District will be helping to promote and assist in the development of these sports within our District.

For additional information, please call Lyle Campbell at the Lakeland District office 953-1623.

LAKELAND DISTRICT

FOR SPORT, CULTURE & RECREATION

Box 280

Prince Albert, SK

S6V 5R5

