



LAKELAND DISTRICT

for Sport, Culture & Recreation

Upcoming District Events

Nov 26	Take the Lead Adult Coach Training
Dec 1	artsVest Launch -E.A. Rawlinson Centre, Prince Albert
Dec 7	ArtsVest Workshop -Prince Albert Inn, Prince Albert
Dec 10,11	Triathlon Coaching Clinic -Prince Albert
Dec 11	Triathlon Youth Clinic -Prince Albert
Dec 13	Board Development Workshop - Tisdale
Feb 5	Gutter Ball Classic For KidSport - Prince Albert
Jan/Feb (TBA)	Recreation Practitioners' Meeting & Community Networking Meeting

LDSCR Board of Directors

Curtis Olsen	Shellbrook
Peggi-Lynn Gatin	Prince Albert
Gwen Pearce	Melfort
Frank MacGregor	Prince Albert
Marvin C. Sanderson	Muskoday First Nation
Cheryl Bauer Hyde	Christopher Lake
Sheila Fazio	Prince Albert
Miranda Blaber	Carrot River

One position remains open on the LDSCR Board of Directors. These are three year terms. If you are interested, please call Lyle Campbell at 953-1623 for additional information.

ArtsVest Launch



December 1—2-4 pm • E.A. Rawlinson Centre

Local cultural organizations, businesses and municipal leadership are invited to celebrate \$150,000 that will flow to Saskatchewan's creative economy through the Business for the Arts artsVest program. The launch is a terrific networking opportunity and a chance to build the quality of partnerships between Saskatchewan's private, public and cultural sectors. There will also be a brief info session providing local cultural organizations with detailed information on the artsVest program and how to apply for a matching incentive grant.

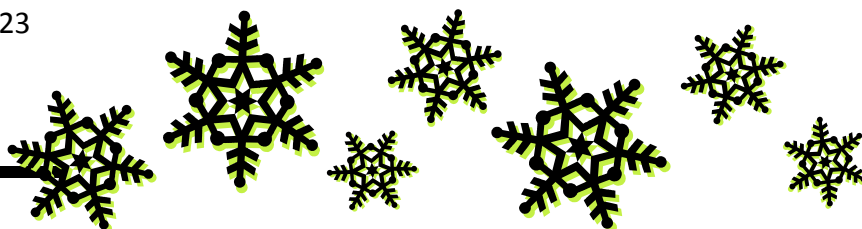
Please RSVP by Nov 23, 2011 to Lyle Campbell, 953-1623 ext 1.

ArtsVest Workshop

December 7—10 am-4 pm • Prince Albert Inn, Room #103

This full day workshop with sponsorship expert Marian Ruston will provide in depth information on how to secure and nurture long term, mutually beneficial partnerships with local businesses. It is designed for small to mid-sized arts, culture and heritage organizations that want to enhance their chance of success at securing business sponsorship by developing best practices. The workshop contains practical information and tools, with a strong focus on the local economy as well as a small business panel discussion, interactive exercises and a program handbook.

Please RSVP by Dec 1, 2011 to Lyle Campbell, 953-1623 ext 1.



Triathlon Coaching Clinic (2 day clinic)

Cost: \$ 50

December 10 (1 - 6 pm) - Summer Games Sports Centre, 99 Terry Simpson Lane

December 11 (9 am - 5 pm) - Frank Dunn Aquatic Centre

The main themes in the course are "FUN, FORM and FITNESS, and Physical Literacy/Growth considerations as fundamental guides to programming at younger ages (pre-pubescent). Weekend experience will include coaching a one-day youth clinic for kids ages 5 to 12. This clinic is free for the kids.

STAC requires all 2012 Saskatchewan Summer Games District Coaches to have completed this two-day course prior to the games.

Visit STAC at www.triathlonsaskatchewan.org for more information and to register.

No experience needed, just come prepared to have fun!

Triathlon Youth Clinic

December 11 (9 am - 1 pm) - Frank Dunn Aquatic Centre

Cost: FREE

This introductory one day youth clinic is part of the curriculum for the Youth Community Coaching Course. Along with course facilitator Carly Priebe, the coaches will lead the kids through introductory triathlon activities and concepts.



Pursue your Dream
Take a step towards your goal & participate
in the Saskatchewan Games
July 29th - August 4th, 2012
www.saskgames.ca
Saskatchewan Games
meadowlakesummer2012

The 2012 Saskatchewan Summer Games are now less than one year away. For a complete listing of the sports and age categories involved, please visit the Saskatchewan Games Council website at www.saskgames.ca.

For additional information please contact Lyle Campbell at 953-1623.

Pin Up Your Rider Pride!

with the 2012 Saskatchewan Roughriders Calendar



Proudly supported by:



The 2012 Saskatchewan Roughriders Calendar in support of KidSport Saskatchewan will be available for sale starting October 17 at various retail locations.

Applications are now being accepted for Team Lakeland coaches for the 2012 Saskatchewan Summer Games in Meadow Lake. If you are interested in becoming a coach for the 2012 Saskatchewan Summer Games, please contact your provincial sport governing body or the Lakeland District for additional information. A complete listing of the sports involved can be found at www.saskgames.ca



IMAGINE ARTS



Street Art Workshops in Your Community!

The Mann Gallery will bring the art to your community in the form of four unique workshops: Stencil Graffiti, Yarn Bombing, LED Art & Street Installation. These are great projects to learn new skills, get exposed to different ideas and gain the tools to create your own artworks. The workshops are comprised of a presentation on the work of street artists, a hands-on component where participants will learn skills and a planning component where the group will create a plan to put their new skills to use (ex. a theme for a skate park or arena décor). Depending on the scope of the project desired by the community, the gallery educator can facilitate the project to completion or leave the community to finish the project on their own time line. *Note:* The community is responsible for the workshop costs.

For more information, contact Crystal (953-1623, ext 4) or Courtney (862-2113) or
The Mann Gallery Educator Twyla Exner (763-7080).



High Five Training

LDSCR held a High Five Training workshop co-facilitated by Crystal Clarke and Laura Erickson-Lumb out of Melfort. Out of this workshop emerged some newly trained individuals in the five principles of effective children's programming as well as two great new facilitators for our district! If you are interested in more information regarding this training or attending a workshop on High Five, please contact us!

District Wide Community Meetings

Due to the success of the last Recreation Practitioners meeting, LDSCR will be hosting another one in the new year. This meeting is an opportunity for Recreation Directors within the district to get together and discuss successes in their community as well as network and brainstorm ideas to take back to their communities.

We will also be hosting another District Networking Meeting, providing the opportunity for community volunteers, administrators and volunteers to get together to learn more about the district and network with others around what is successful and what might be coming ahead in the near future at the community level.

As part of our advocacy plan, we hope this will aid in building a stronger network of sport, culture and recreation with the communities in our District.

Coming Soon!

Take the Lead

The purpose of this SPRA based initiative is to increase physical activity opportunities through increased youth leadership in the communities. The LDSCR & PAPHR are now providing opportunity for more communities and schools to participate in this initiative. If your school or community is interested in the "Take the Lead" program please contact the LDSCR office at 953-1623 for more information.

Components of the program include:

Leadership Coach Training (3 hour session)

Overview of the program, review of the adult coach's responsibilities, development of an implementation plan and a resource/activity kit.

Take the Lead!" Youth Leader Training (2 x 1 day sessions)

Leadership, teamwork, cooperation, communication, fairplay, conflict resolution, decision making, organization and planning, safety awareness, activity sessions, resources and an implementation plan.

Board Development Workshop

Tuesday, December 13th 2011 in Tisdale

This 6 hour workshop is ideal for community recreation boards, daycare/after school program boards, service club/sports boards and school community councils board members. There is no fee to attend these workshops—LDSCR will cover the cost of one vehicle/community and lunch will be provided.

This workshop will cover board governance—what it is, what it means and practical suggestions for board members to strengthen their boards, as well as enhancing the effectiveness of committees, meetings and leadership succession.

Please contact Courtney to register by December 5th!

Children and youth with financial barriers can apply to receive up to \$750 per year to contribute towards cost associated with art and culture participation, which may include registration fees, equipment or supplies. Activities eligible for Creative Kids funding are wide-ranging and may include art lessons, dance classes, music instruction, cultural camp, heritage activities, multicultural dance and all other activities that are associated with art, culture or creativity.



For application forms or to donate to Creative Kids, contact Crystal at 953-1623 ext 4.

KidSport™ is a children's charity dedicated to assisting children facing financial obstacles to participate in organized sport.

If you know of a child or family who is experiencing financial barriers to participate in sport, please contact your Local KidSport Committee. If you do not live in one of these areas, please contact KIDSPORT™ SASKATCHEWAN or Kristy Thompson at 953-1623 ext. 3 to find out how to apply.



Local KidSport™ Committee:	Local Contact:	Phone:
Big River KidSport™	Rhonda Glasrud	(306) 469-2244
Hudson Bay KidSport™	Rita Robertson	(306) 865-3277
Melfort KidSport™	Mike Hoeft	(306) 752-5364
Nipawin KidSport™	Dan Poulin	(306) 862-9866
Porcupine Plain KidSport™	Audrey Parker	(306) 865-4212
Prince Albert KidSport™	Kristy Thompson	(306) 953-1623
Tisdale KidSport™	Ruth Howes	(306) 873-2672
KIDSPORT™ SASKATCHEWAN	Chris Chepil	(306) 780-9345



Canadian Tire Jumpstart®

Strong communities include strong kids. We believe all kids should have the chance to run, skate, play and grow. Canadian Tire Jumpstart® is a community-based charitable program that helps kids aged 4-18 years participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can develop important life skills, self esteem and confidence.

Contact a Canadian Tire Store near you for more information.

Prince Albert KidSport™ Gutter Ball Classic



February 5, 2012

Call us at
953-1623 ext.3
to be a sponsor or
enter your team!

**Purchase your 2012 Rider Calendar today
in support of KidSport™**

NEW

Facility Operator Support Program

The Lakeland District for Sport, Culture and Recreation is pleased to announce a new financial assistance program for recreation facility staff training. The **Facility Operator Support Program** is designed to provide financial assistance and support to organizations and communities to send facility staff to training and educational opportunities specific to the operation and management of recreation facilities.

All applicants and participants must reside within the boundaries of the Lakeland District and the application must be completed and submitted by a municipal recreation authority, such as a recreation board or a recreation facility operating or advisory board. Eligible expenses include registration fees, accommodation, travel costs and course materials.

The amount of funding available is up to a maximum of \$500.00 per person.

The Lakeland District acknowledges that recreation facilities are crucial to the development and provision of sport, culture and recreation programs and services. In order to operate these facilities in the most effective and efficient manner possible, facility staff must be kept current on all aspects of facility maintenance and operations. Through the **Facilitator Operator Support Program** the LDSCR is able to provide funding assistance to meet this goal.

For additional information or to obtain an application form, please call:
Lyle Campbell or Crystal Clarke at 953-1623 or Courtney Johnson at 862-2113.

Coaching Clinics

The Lakeland District for Sport, Culture and Recreation offers coach training in the Introduction to Competition Part A and B clinics. The cost is \$75/person and the training typically occurs on a Friday evening from 7 pm - 10 pm and continues on the Saturday from 9 am - 5 pm. The following topics are covered in each module:

Introduction to Competition Part A

- Make Ethical Decisions
- Planning A Practice
- Nutrition

Introduction to Competition Part B

- Design a Basic Sport Program
- Teaching and Learning
- Basic Mental Skills

If you are interested in attending one of these workshops or your community is interested in hosting a clinic, please contact:

Crystal (953-1623 ext 4) or Courtney (862-2113).

Please note that a minimum of 8-10 participants will be required to hold a workshop.



**National
Coaching
Certification
Program**

Prince Albert Urban Youth Sport Initiative

The Lakeland District for Sport, Culture & Recreation offers Urban Youth Sport Programs which aim to reduce the barriers of transportation, nutrition, equipment and facilities while providing an introduction to a recreational sport experience for all youth participants.

Higher Spirits Youth Soccer League

Youth in Gr. 4 & 5 from the Community Schools in the Prince Albert area had the opportunity to play each other in this Rec League. After school games were held outside on school soccer pitches then on the turf at the new Alfred Jenkins Field House. Nutrition through Give Kids a Chance Charity Inc. Active Kids Nutrition Project and youth mentorship program with Wesmor Community High School are additional components which help make this league successful from year to year. Thank you to the Prince Albert Youth Soccer Association for the excellent instructional component added to this program.

Higher Spirits Learn-To Curling

We have been fortunate in receiving a grant through the 1989 Jeux Canada Games Foundation to offer a 4 week curling experience for each of the eight Prince Albert Community Schools. Thank you to the Prince Albert Golf & Curling Club School Instructional program for providing the instructors and venue to run this program!! This is a fantastic opportunity!



Merry Christmas!

The Lakeland District Board of Directors and staff would like to wish you all a very Merry Christmas and a Happy New Year! We hope that you have a safe and enjoyable holiday season!

The Lakeland District offices will be closed from December 26-January 2. We will re-open January 3, 2012.



Join our community page on Facebook keep updated @ [Lakeland District for Sport, Culture & Recreation](#)



View our website for more information @ www.lakelanddistrict.ca

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